### The New Beginnings of Southwest Florida

### 2021 Highlights

We offer relief from the financial burden of sinale motherhood along with opportunities to grow as Godly women

## 4 graduates

Single mothers achieved academic success Four participants completed programs in their field of interest, including Registered Nursing, Medical Assisting, Optometric Assisting, and Veterinary Assisting.





## 51 months

Secure housing provided to single mother families Participants were provided a combined total of 51 duplicated months of safe housing. Each family was assigned a fully furnished two-bedroom, two-bathroom apartment along with everything needed to set up a household. In 2021, The New Beginnings subsidized:

\$61,047 In-kind Rent Expenses \$9,690 Utility Expense

# 8 moms 12 kids

Residential Participants Eight single mothers entered our program with the longterm goal of obtaining a Degree or Certification, Each participant also completed classes in Parenting, Life Skills and Group Therapy.

#### Children Served

Single Mother households were provided a supportive and nurturing environment while mom pursued higher education Referrals were provided for daycare vouchers, as needed.



#### Total Revenue: \$193 014

Total Expenses: \$156,922 26 percent Manageme 9 percent Fundraising Expenses



### Faith-based Programming

200+ hours Case Management

34 hours Life Skills Classes

16 hours Parenting Instruction

> 30 hours **Bible Study**

21 hours Group Therapy The New Beginnings is committed to providing a God-honoring resource to single mothers that assists them and their children both physically and spiritually in a way that demonstrates Christ's sacrificial love.

In 2011, The New Beginnings officially opened the doors to underserved single mothers in Southwest Florida. The founders of The New Beginnings saw how great the need was for single mother households to be supported and offered opportunities to grow through higher education. Single mothers face unique challenges and oftentimes struggle with financial stability due to one income, low wages, and lack of social supports. This can lead to moms feeling over worked, time starved, depressed, lonely and hopeless.

Exacerbated by the pandemic, stress and anxiety are even more pronounced for single mothers as they are the only people who can care for their children, the home and themselves. Our program comes alongside these vulnerable families to help them stabilize and ultimately establish healthier habits and behaviors. Since 2011:



40 Single Mothers



59 Young Children



\$435,000 In-kind Rent Expenses



4810 Marine Drive Cape Coral, Florida 33904 (239) 541-4312 www.TheNewBeginnings.org